



**St John's  
Pevensey Road  
Pews News and  
Service Sheet for  
Sunday  
9th March 2025**

*Welcome to  
Mass on the  
First Sunday  
of Lent*

**During the week:**

**Tuesday 7pm in the Lady**

**Chapel: Lent course**

**Wednesday at 10am in the**

**Lady Chapel: Said Mass**

**Wednesday at 10am**

**Online Zoom service\***

**Fridays 10-noon Morning**

**Coffee/Warm Space**

**Next Sunday 16th March:**

**10.30am Sung Mass**

**(NO 8.00am Said Mass)**

Parish office: 07831904321

Email:

[admstjohns30@gmail.com](mailto:admstjohns30@gmail.com)

Lucy is our Administrator.

Please contact her also for  
Church Hall bookings.

Safeguarding Officer can be  
contacted on

[safestjohn30@gmail.com](mailto:safestjohn30@gmail.com)

**Our prayers are asked for:** Ken; John T; Helena O; Jackie N; Gillian, Sue and Fr Andrew  
**Please also pray** for the souls of the recently departed, especially Ali H, for those whose Years Mind falls at this time, including Reg Clarke and Jack Sampson,, and for all who mourn.

**St John's  
Prayer  
Cross**

Please let us know of those who require this longer-term prayer support. Or pin their names, via the slips of paper provided, on the wooden Prayers Cross at the back of the Church. Thank you.

Gill  
Don  
Mog  
John

Catherine; Ramona; Tom V  
Bostik; Michelle, Zack,  
Gabrielle; Diane; Goldie

Louise T  
Lorenzo  
Anne W  
Rona  
Anna  
Mark C  
Becky  
Chelsea  
Jordan  
Claire  
Roger  
Jean T  
Sarah



*Prayer said by the choir: ....* grant that what we sing with our lips may we believe in our hearts and what we believe in our hearts we may show forth in our lives, through Jesus Christ our Lord. Amen.

**Introit:** *Hear us, O Lord, have mercy upon us*

## Opening Hymn

**Forty days and forty nights  
Thou wast fasting in the wild,  
Forty days and forty nights  
Tempted and yet undefiled.**

**Sunbeams scorching all the day,  
Chilly dewdrops nightly shed,  
Prowling beasts about thy way,  
Stones thy pillow, earth thy bed.**

**Let us thine endurance share,  
And awhile from joys abstain,  
With thee watching unto prayer,  
Strong with thee to suffer pain.**

**And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.**

**So shall we have peace divine,  
Holier gladness ours shall be,  
Round us too  
shall angels shine,  
Such as ministered to thee.**

**Keep, O keep us, Saviour dear,  
Ever constant by thy side,  
That with thee we may appear  
At the eternal Eastertide.**

*G H Smyttan (1822-70) and Frances Pott (1832-1909)*

## The Welcoming of the People

*Priest* In the name of the Father, and of the Son, and of the Holy Spirit. **All Amen.**

*Priest.* The Lord be with you.  
**All and also with you.**

## Prayers of Penitence

*Deacon* The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

*Silence is kept*

*Dcn* Wash me thoroughly from my wickedness and cleanse me from my sin. Lord, have mercy.

**All Lord, have mercy.**

*Dcn* Make me a clean heart, O God, and renew a right spirit within me. Christ, have mercy.

**All Christ, have mercy.**

*Dcn* Cast me not away from your presence and take not your holy spirit from me. Lord, have mercy.

**All Lord, have mercy.**

*The Kyrie Eleison is sung by choir and congregation*

**Lord have mercy,  
Lord have mercy.**

**Christ have mercy,  
Christ have mercy.**

**Lord have mercy,  
Lord have mercy.**

*Priest* May the God of love and power forgive you and free you from your sins, heal and

strengthen you by his Spirit, and raise you to new life in Christ our Lord. **All Amen.**

### **The Collect**

**Priest** Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.

**All Amen.**

### **The Liturgy of the Word *all sit***

#### **A reading from the book of Deuteronomy**

*Deuteronomy 26. 1-11*

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name.

You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us."

When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt

and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God.

Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

For the Word of the Lord.

**All Thanks be to God.**

#### **A Reading from the letter to the Romans**

*Romans 10. 8 - 13*

But what does it say? "The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

For the Word of the Lord.

**All Thanks be to God.**

*Hymn during which the Gospel is brought amongst us.*

**Be thou my guardian  
and my guide,  
And hear me when I call;  
Let not  
my slippery footsteps slide,  
And hold me lest I fall.**

**The world, the flesh,  
and Satan dwell  
Around the path I tread;  
O, save me  
from the snares of hell,  
Thou quickener of the dead.**

**And if I tempted am to sin,  
And outward things are strong,  
Do thou, O Lord,  
keep watch within,  
And save my soul from wrong.**

**Still let me ever watch and pray,  
And feel that I am frail;  
That if the tempter  
cross my way,  
Yet he may not prevail.**

*Isaac Williams (1802-65)*

**Gospel Reading** *When the Gospel is announced the Deacon says*

Alleluia, alleluia. Speak, Lord, for your servant is listening. You have the words of eternal life.

**All Alleluia.**

*Deacon* The Lord be with you

**All And also with you.**

*Dcn* Hear the Gospel of our Lord Jesus Christ according to Luke

**All Glory to you, O Lord.**

*Luke 4. 1-13*

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished.

The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world.

And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours."

Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you

will not dash your foot against a stone." Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'"

When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

## **Sermon**

### **The Creed**

**Deacon** Let us declare our faith using the words of the Nicene Creed:

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the**

**Scriptures; he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **Prayers of Intercession**

### **The Peace**

**Priest** Let the peace of Christ rule in your hearts, since as members of one body you are called to peace.

The peace of the Lord be always with you. **All and also with you.**

**Deacon** Let us offer one another a sign of God's peace

**All may exchange a sign of peace.**

**Offertory hymn** *during which the altar is prepared, and bread and wine are placed upon it.*

**Dear Lord and Father of mankind,  
forgive our foolish ways!  
Reclothe us in our rightful mind,  
in purer lives thy service find,  
in deeper reverence praise.**

**In simple trust  
like theirs who heard,  
beside the Syrian sea,  
the gracious calling of the Lord,  
let us, like them, without a word  
rise up and follow thee.**

**O Sabbath rest by Galilee!  
O calm of hills above,  
where Jesus knelt  
to share with thee  
the silence of eternity,  
interpreted by love!**

**Drop thy still dews of quietness,  
till all our strivings cease;  
take from our souls  
the strain and stress,  
and let our ordered lives  
confess  
the beauty of thy peace.**

**Breathe through  
the heats of our desires  
thy coolness and thy balm;  
let sense be dumb  
let flesh retire;  
speak through the earthquake,  
wind and fire,  
O still small voice of calm.**

*John Whittier (1807-92)*

## **Prayer at the Preparation of the Altar**

God of all goodness and grace,  
receive the gifts we offer; and  
grant that our whole life may give  
you glory and praise, through  
Jesus Christ our Lord. **All Amen.**

## **The Eucharistic Prayer (B)**

*Priest* The Lord is here.

**All His Spirit is with us.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our  
God. **All It is right to give thanks  
and praise.**

Father, we give you thanks and  
praise through your beloved Son  
Jesus Christ, your living Word,  
through whom you have created all  
things; who was sent by you in  
your great goodness to be our  
Saviour.

By the power of the Holy Spirit he  
took flesh; as your Son, born of the  
blessed Virgin, he lived on earth  
and went about among us;  
he opened wide his arms for us on  
the cross; he put an end to death  
by dying for us; and revealed the  
resurrection by rising to new life;  
so he fulfilled your will and won for  
you a holy people.

And now we give you thanks  
because you give us the spirit of  
discipline, that we may triumph  
over evil and grow in grace as we  
prepare to celebrate the paschal  
mystery with mind and heart  
renewed.

Therefore with angels and  
archangels, and with all the  
company of heaven, we proclaim  
your great and glorious name,  
for ever praising you and singing:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth  
are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks;

he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;

do this in remembrance of me 🙏 .  
In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me 🙏 .

**All Christ has died:  
Christ is risen:  
Christ will come  
again.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world;

rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of St John the Evangelist, Mary the Mother of God, St Peter, and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **All Amen.**

### **The Lord's Prayer**

*Deacon* Rejoicing in the presence of God here among us, let us pray with confidence as our Saviour has taught us:

**All Our Father, who art in  
heaven, hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who  
trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**



## Breaking of the Bread

*The priest breaks the consecrated bread.*

We break the bread of life, and  
that life is the light of the world.

**All** God here among us  
light in the midst of us,  
bring us to light and life.

*We sit as Agnus Dei is sung by all.*

Jesus, Lamb of God:  
have mercy on us.  
Jesus, bearer of our sins:  
have mercy on us.  
Jesus, redeemer of the world:  
give us your peace.

## Giving of Communion

*The priest says the invitation.*

Christ is the true bread which has  
come down from heaven.

**All** Lord give us this bread  
always.

*Communion is received. Please bow your  
head if you prefer to receive a blessing.*

The Body of Christ. **Amen.**  
The Blood of Christ. **Amen.**

**Anthem:** *Thou knowest, Lord –  
Purcell*

## Hymn

Lord Jesus, think on me,  
And purge away my sin;  
From earthborn passions  
set me free,  
And make me pure within.

Lord Jesus, think on me,  
With care and woe opprest;  
Let me thy loving servant be,  
And taste thy promised rest.

Lord Jesus, think on me,  
Amid the battle's strife;  
In all my pain and misery  
Be thou my health and life.

Lord Jesus, think on me,  
Nor let me go astray;  
Through darkness and  
perplexity  
Point thou the heavenly way.

Lord Jesus, think on me,  
When flows the tempest high:  
When on doth rush the enemy  
O Saviour, be thou nigh.

Lord Jesus, think on me,  
That, when the flood is past,  
I may the eternal brightness see,  
And share thy joy at last.

*Greek, Synesius of Cyrene (375-430) Tr A  
W Chatfield (1808-96)*

## Prayer after Communion

*Priest* Lord God,  
you have renewed us with the  
living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him  
who is the true and living bread,  
and enable us to live by every  
word that proceeds from out of  
your mouth; through Jesus Christ  
our Lord. **All Amen.**

**All** Father of all, we give you  
thanks and praise, that when we  
were still far off you met us in  
your Son and brought us home.  
Dying and living, he declared  
your love, gave us grace, and  
opened the gate of glory.  
May we who share Christ's body

live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

## Notices

### Blessing of the Congregation

*Priest* The Lord be with you.

*All* And also with you

*Priest* Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.

*All* Amen.

### Final hymn

I heard the voice of Jesus say,  
'Come unto me and rest;  
lay down, thou weary one,  
lay down  
thy head upon my breast:'  
I came to Jesus as I was,  
weary, and worn, and sad;  
I found in him a resting-place,  
and he has made me glad.

I heard the voice of Jesus say,  
'Behold, I freely give  
the living water, thirsty one;  
stoop down and drink, and live:'  
I came to Jesus, and I drank

of that life-giving stream;  
my thirst was quenched,  
my soul revived,  
and now I live in him.

I heard the voice of Jesus say  
'I am this dark world's Light;  
look unto me,  
thy morn shall rise,  
and all thy day be bright:'  
I looked to Jesus, and I found  
in him my Star, my Sun;  
and in that light of life I'll walk  
till travelling days are done.

*Horatius Bonar (1808-89)*

### The Dismissal

*Priest* The Lord be with you.

*All* And also with you

*All* May the grace of our Lord  
Jesus Christ, and love of God,  
and the fellowship of the Holy  
Spirit, be with us all, evermore.  
Amen.

*Priest* May the souls of the faithful  
departed, through the mercy of  
God, rest in peace...

*All* and rise in glory. Amen.

*Deacon* Go in peace to love  
and serve the Lord.

*All* In the name of Christ. Amen.

*Organ voluntary: Toccata in D  
minor (Dorian) – J.S.Bach*

*Do stay a while*





**Lent course on Tuesdays** - starting on Tuesday 11<sup>th</sup> March in the Lady Chapel at 7pm, led by the Rector and Deacon Michael, **Chichester Diocesan Lent Course 2025 - I Believe** - exploring big themes from the Nicene Creed. If you can't come in person, the materials are available for individuals on the Diocesan website. (Control & click) [Lent 2025 - Diocese of Chichester](#)

\*Please request a link to the Wednesday Zoom service by emailing Canon Val on [pewsnewsstjohns@gmail.com](mailto:pewsnewsstjohns@gmail.com) Also to this email address please send any updates for prayer lists or pews news sheet by **4pm on Tuesdays**. (Printing, folding and stapling is done on Wednesdays) Thank you.

## Film night on Saturday 22nd March:

### 'Small things like these'

is a fitting film for Lent. Bill Furlong, coal merchant in County Wexford, finds a surprising discovery when he delivers coals to the local convent. Shaped by his own experience growing up, he wrestles with the dilemma of whether to intervene or to ignore what he has discovered.

Film starts at 7pm with refreshments from 6:30 pm in St John's Church Hall. Please feel free to bring your own bottle.

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**“ calling all Thespians and backstage crew. We are forming a small acting group for our murder mystery evening in the summer (Saturday 31st May) and are looking for actors, costume makers and stage crew. If you would be interested please speak to Mike Turnbull.”**

# **A DANCE SENSATION : MAY 17TH**

3pm St  
John's Pevensey Rd

Be on your toes not to miss an enchanting new event in aid of our villagers in BH 29, Zimbabwe.

Emerging dancers from the area's top schools will converge on St John's and display their outstanding talents in full costume, curated by Andrew Stevens, professional dancer/teacher and supported by the Legat Foundation.

A special dance floor, lighting, catering and The Rector's Rest bar will add to the attraction.

Come and support us - bring your friends and little ones.

Tickets on the door: £12 adults, £8 children, under 5s free.

More details to come.  
Lesley Ann and the VFA Team

LESLEY ANN DAWES  
CEO Village Force Africa  
Registered charity in England and Wales number 1204440  
Registered as a Trust in Zimbabwe number MA3286/2024



<https://www.villageforceafrica.org>

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## **Urgently needed items include:**

Toilet Rolls, UHT Milk, Coffee, Tinned Fruit, Tinned Vegetables. Other needed items include: Tinned fish, tinned potatoes, tinned rice pudding, toiletries.

If you are able to donate, please leave items in the container at the back of church and they will be collected by the Food Bank rep. Thank you.

This pew sheet is printed on 100% recycled paper.